

SUMMER PROGRAM 2016

START TIMES: WEDNESDAY: 5.00PM SHARP / SUNDAY: 9.00am

3km handicapped event is held at Elephant Park every **WEDNESDAY**
SUNDAY start time **9am** all seasons.

DECEMBER

DATE	TRACK	DISTANCES
4-Dec-16	Michael's mad mile (Elephant Park)	1 mile
11-Dec-16	Favell Road (Start at Byng Church)	3 * 5.8 * 8.1 * 11.2
18-Dec-16	Jack Brabham NEW course	2 * 4 * 6 * 8 * 10
25-Dec-16	No Run - Merry Christmas	

JANUARY

DATE	TRACK	DISTANCES
1-Jan-17	No Run - Happy New Year	
8-Jan-17	Endeavour Oval	2.6 * 5.2 * 7.8
15-Jan-17	Botanic Gardens	1.6 * 3.2 * 4.8 * 6.4 * 8
22-Jan-17	Clergate School	3 * 5 * 10
29-Jan-17	Bulgas Road	3 * 5 * 10

FEBRUARY

DATE	TRACK	DISTANCES
5-Feb-17	Bargwanna Road	3 * 5 * 10
12-Feb-17	Lake Canobolas (4 laps)	2.5 * 5 * 7.5 * 10
19-Feb-17	Gosling Creek - Old	2.3 * 4.6 * 9.6
25-Feb-17 & 26-Feb-17	Orange Running Festival (no ORC Sunday run) Website/Registrations: http://www.orangerunningfestival.com.au/	Saturday – 2km Sunday – 5km, 10km, HM & M

Members absent for more than 8 weeks will require two qualifying runs to re-assess their handicap.

Participants must be current registered members of Orange Runners Club

Publicity Officers: Daryl Roweth, Kinisha Roweth & Sally Kitto

Don't forget to find us on [Facebook](#)



Enquiries: Renai McArdle, President - 0417 486 645 or orangerunnersclub@outlook.com
 Website www.orangerunners.com.au