

WINTER PROGRAM 2015

START TIMES
SUNDAY: 9.00am
WEDNESDAY: 4.45pm SHARP – MASS START

JUNE

| | | |
|------------------|---|----------------------|
| | 6 th (Grenfell Fun run) | |
| 7 TH | Elephant Park (longer route) – BBQ - staggered start | 2.6km, 5.2km, 7.8km |
| 14 TH | Lake Canobolas | 3km & 6km |
| 21 ST | Gosling Creek (old track) | 2.3km, 4.6km & 9.6km |
| 28 TH | Botanic Gardens | 3.2km, 4.8km & 8km |

JULY

| | | |
|------------------|---|-----------------------|
| 5 th | Sir Jack Brabham Oval (Gold Coast Marathon) | 3.5km & 7km |
| 12 th | Charles Sturt University (Mt Arthur Challenge, Wellington) | 3.2km, 6.4km & 8km |
| 19 th | Bargwana Road | 3km, 5km & 10km |
| 26 th | Stagecoach Road - <i>staggered start</i> | 2km, 3km, 5km & 8.5km |

AUGUST

| | | |
|------------------|---|----------------------|
| 2 nd | Kinross Forest | 2km, 4.8km & 9km |
| 9 th | Elephant Park Endeavour Oval (City2Surf) | 2.6km, 5.2km & 7.8km |
| 16 th | Clergate School | 3km, 5km & 10km |
| 23 rd | Pinnacle Mount Canobolas (Mudgee Running Festival) | 3km, 6.4km & 10km |
| 30 th | Botanic Gardens (Southern Highlands Challenge) | 3.2km, 4.8km & 8km |

3km handicapped event is held at Elephant Park every **WEDNESDAY**
5pm SHARP in Spring/Summer/Autumn and 4.45pm SHARP in Winter (Mass Start)
SUNDAY start time **9am** all seasons.

Members absent for more than 8 weeks will require two qualifying runs to re-assess their handicap.

Participants must be current registered members of Orange Runners Club

Enquiries: Jane Fairgrieve: 6362 5973 or 0411 526 689

Publicity Officers : Kinisha Roweth & Daryl Roweth