

SPRING PROGRAM 2015

START TIMES SUNDAY: 9.00am

WEDNESDAY: 5.00pm SHARP

SEPTEMBER

6 TH	No ORC run	
	Dubbo Stampede / Edgell Bathurst Jog	
13 TH	Sir Jack Brabham Oval	3.5km & 7km
20 ST	Lake Canobolas	3km & 6km
	Blackmore's Running Festival (Syd) (ORC Ladies Weekend)	
27 TH	Elephant Park (& free BBQ)	Relay

OCTOBER

4 th	Kinross Forest	2km, 4.8km & 9.1km
11 th	Gosling Creek	4.6km & 9.6km
	Forbes Fun Run	
18 th	Clergate School	3km, 5km & 10km
25 th	Botanic Gardens	3.2km, 4.8km & 8km

NOVEMBER

1 ST	Bargwanna Road	3km, 5km & 10km
8 TH	Lake Canobolas	3km & 6km
	Carcoar Fun Run	
15 th	Bulgas Road	3km, 5km, & 10km
22 nd	Charles Sturt University	3.2km, 6.4km & 8km
29 th	Elephant Park Endeavour Oval	1 hour challenge

3km handicapped event is held at Elephant Park every **WEDNESDAY**
5pm SHARP in Spring/Summer/Autumn and 4.45pm SHARP in Winter (Mass Start)
SUNDAY start time **9am** all seasons.

Members absent for more than 8 weeks will require two qualifying runs to re-assess their handicap.

Participants must be current registered members of Orange Runners Club

Enquiries: Jane Fairgrieve: 6362 5973 or 0411 526 689

Publicity Officers : Kinisha Roweth & Daryl Roweth



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www.orangerunners.com.au