



PRESIDENTS REPORT

April 2019

Dear Members,

Welcome to a new "Club" Year of 2019/2020!

Very pleasing to see so many members recently receiving achievement medals – especially our very talented junior members. We have a great number of juniors coming each week which is fantastic for the future of the club. Special mention to Gary Taylor who has just passed the 1900 run mark – still plenty to go yet!

Members have done very well in the Great Volcanic Mountain Challenge, Canberra Running Festival and the Bathurst 10k and half marathon. Best of luck to those members taking on the Blue Mountains in the UTA runs next month.

Membership Fees (2019-2020)

In line with our Club financial year, the payment of membership fees will open on Register Now from the 1 April (for the year 1 April 2019 to 31 March 2020). The Committee has voted that the fees will remain the same as this year.

| | April 19-March 20 | October 19-March 20 | January 20-March 20 |
|--------------------------|--------------------------|----------------------------|----------------------------|
| Individual Junior | \$20 | \$15 | \$10 |
| Individual Adult | \$35 | \$20 | \$15 |
| Family | \$75 | \$40 | \$25 |

I encourage all members to get their family, friends and work mates to join our great Club and enjoy the benefits of a healthy and supportive running (and walking) community.

<https://www.registernow.com.au/secure/Register.aspx?E=34184>

It would be appreciated if everyone could get their membership paid as soon as possible.

AGM – 14 May

Our Annual General Meeting will be held on the 14 May at the Hotel Canobolas. All positions in both the main Orange Runners Club Committee and the Orange Runners Club Subcommittee will be declared open. Encourage all members to attend the AGM and have a say in the future of the Club.

If you have any questions regarding any of the roles, please don't hesitate to contact me.



ORANGE RUNNERS CLUB

Trail Running

The Trail Hustlers are going from strength to strength with great turnouts for the monthly runs. We encourage all members to give it a go! On the 27 April, 16 members took part of the UTA training run on the UTA 22 course. Looking forward to hearing some excellent results in 3 weeks' time. Next trail run is at Kinross Forest on the 12 May.

Uniform Order

We are now running another ORC uniform order.

If you would like to purchase an ORC singlet, t-shirt, long sleeve t-shirt or hoodie, click on the link below that will take you to Register Now website where you can make your purchase:

<https://www.registernow.com.au/secure/Register.aspx?E=34338>

Prices are as follows (subsidised by the Club):

- Singlet \$20
- T shirt \$25
- Long Sleeve T shirt \$25
- Long Sleeve T shirt (Zip top) \$40
- Hoodie \$65

This uniform order will close on Tuesday **30 April 2019**.

Should you have any questions, please let me know. You can check out the uniform range either online on our website (<https://www.orangerunners.com.au/uniform/>) or drop into Orange Clothing Company (4 McNamara Street), especially if you want to test for sizing.

Club Achievements

The Club will continue to recognise our members for their achievements. It is always very pleasing to present medals to members that have achieved milestone runs (either big or small). The following members have achieved significant milestones recently:

Leanne Palmer 25
Hayden Hyde 25
Oliver Hyde 25
Lachlan Irwin 25
Lachlan Duncan 50
Annabelle Hosie 50
Carissa Hickey 50
Jai Anlezark 50
Milla Jurd 75



ORANGE RUNNERS CLUB

Tilly Thornton 75
Blake Gleeson 75
Flynn Thornton 75
Lucy Jurd 75
Kelly Gleeson 75
Kelly Jurd 100
Sue Betts 200
Beck Halls 300
Denise Quinlan 400
Anna Daintith 600
Daryl Roweth 700
Gary Taylor 1900

Sunday Mats and Equipment

Thank you to the following members who have so far volunteered for 2019 (let me know if you can assist later in the year):

January – Ed Maclean
 February – Kim Jarvis
 March – Alicia and Dave Ross
 April – Kim and Alicia Anlezark
 May – Michael and Lynn O'Mara
 June – Dave Craig
 July – Daryl and Kim Roweth
 August – Brian Sharp



AUTUMN PROGRAM 2019

| DATE | COURSE (9am) | DISTANCES | TRAIL COURSE (7am) | EXTERNAL EVENTS |
|------------|-----------------------------|-------------------|---|--|
| 3/3/2019 | Orange Running Festival | 2,5,10,21,42 | | Orange Running Festival |
| 10/3/2019 | Berrilee Forest | 4 ,8.1, 12 | | Six Foot Track (9 th) |
| 17/3/2019 | Endeavour Oval | 2.9 (1-4 laps) | Fourth Crossing | |
| 24/3/2019 | Baldwins Run (Forest Reefs) | 3, 5, 8, 11.5 | | Gateway 2 Garden (Mayfield Gardens – Oberon 5 & 10k) |
| 31/3/2019 | Pinnacle (GVMC) | 5 | | GVMC (5 and 11) |
| 7/4/2019 | Favell Road | 3, 5.5, 8.1, 11.3 | | Mt Solitary |
| 14/4/2019 | Jack Brabham | 1.75 (1-6 laps) | | Australian Running Festival (Canberra) |
| 21/4/2019 | Lake Canobolas | 2.5 (1-4 laps) | | Easter |
| 28/4/2019 | Botanic Gardens | 1.6 (1-6 laps) | 27 th – UTA Training Run on Course | Bathurst Half & 10k + ANZAC Challenge |
| 5/5/2019 | Stagecoach Road | 2, 3 ,5, 8 ,12 | | |
| 12/5/2019 | Gosling Creek New | 2.3, 4.6, 8, 11.5 | Kinross | |
| 19/5/2019 | Spring Creek Dam | 2.4,4.8, 7.2, 9.6 | | UTA (22, 50, 100, 951), SMH Half Marathon |
| 26/5/2019 | Clergate | 3,5,10 | | YMCA Half Marathon (Canberra) |
| Wednesdays | Elephant Park (5 to 5:45pm) | 1, 2 or 3 laps | | |



For any further information or if you have any suggestions to improve the club, please don't hesitate to contact me.

Together we achieve individual goals!

Anthony Daintith
ORC President

